PPSC Food Inspector (Punjab Food Department) — GUESS PAPER 2026 (Set 2 of 2) · Predicted Questions

Body: Punjab Public Service Commission (PPSC) · **Post:** Food Inspector (Punjab Food Department) · **Set:** 2 of 2 · **Questions:** 100 predicted — 0 repeated questions, 0 verified facts predicted to recur, 100 syllabus anchors · **Price:** Free

GUESS PAPER — predicted questions for the upcoming exam, NOT a past paper. Every question below is a prediction: it is here because the same question, the same fact, or the same topic appeared in verified PPSC Food Inspector (Punjab Food Department) past papers. **No pass guarantee.** A guess paper raises the odds; it does not promise a result. Answers are the best-supported answers, not exam keys.

[C]-HEAVY PAPER — thin verified pool. 100 of the 100 questions below are syllabus anchors on this post's recurring topics, because the verified archive for this post holds only 99 items. Those questions are flagged [C] on every one of them: they are predictions about the syllabus, not verified facts. Study the topic, not just the answer.

> **How to use this paper:** study the basis under each question, not just the answer — the real paper will ask the same topics in different words. Revise the underlying topic, not only the four options. Do not quote any item as "asked in the 2026 exam" — nothing here has been asked yet.

Question 1 Food Safety And Nutrition

In the HTST method, milk is pasteurised at about which temperature?

- A. 63°C
- B. 85°C
- C. 72°C ✓ **Predicted answer**

Why this answer? In the HTST method milk is heated to about 72°C for 15 seconds to kill harmful bacteria.

Why predicted [C] — Syllabus anchor: syllabus anchor — pasteurisation of milk recurs in every Food Inspector sitting.

Question 2 Food Safety And Nutrition

Which bacterium causes botulism, a serious food poisoning?

- A. Salmonella
- B. Clostridium botulinum ✓ **Predicted answer**
- C. Escherichia coli
- D. Staphylococcus aureus

Why this answer? Clostridium botulinum produces the toxin that causes botulism.

Why predicted [C] — Syllabus anchor: syllabus anchor — food poisoning bacteria recurs in every Food Inspector sitting.

Question 3 Food Safety And Nutrition

Deficiency of vitamin C causes which disease?

- A. Rickets
- B. Beriberi
- C. Night blindness
- D. Scurvy ✓ **Predicted answer**

Why this answer? Lack of vitamin C causes scurvy, with bleeding gums and weakness.

Why predicted [C] — Syllabus anchor: syllabus anchor — vitamin deficiency diseases recurs in every Food Inspector sitting.

4 Food Safety And Nutrition

Deficiency of vitamin D causes which disease in children?

- A. Scurvy
- B. Rickets ✓ **Predicted answer**
- C. Anaemia
- D. Goitre

Why this answer? Lack of vitamin D causes rickets, the softening of bones in children.

Why predicted [C] — Syllabus anchor: syllabus anchor — vitamin deficiency diseases recurs in every Food Inspector sitting.

Question 5 Food Safety And Nutrition

Deficiency of iodine causes which disease?

- A. Goitre ✓ **Predicted answer**
- B. Anaemia
- C. Scurvy
- D. Beriberi

Why this answer? Lack of iodine causes goitre, the swelling of the thyroid gland.

Why predicted [C] — Syllabus anchor: syllabus anchor — mineral deficiency diseases recurs in every Food Inspector sitting.

Question 6 Food Safety And Nutrition

Deficiency of iron in the diet causes which condition?

- A. Scurvy
- B. Rickets
- C. Anaemia ✓ **Predicted answer**
- D. Goitre

swer? Lack of iron causes anaemia, a shortage of healthy red blood cells.

Why predicted [C] — Syllabus anchor: syllabus anchor — mineral deficiency diseases recurs in every Food Inspector sitting.

Question 7 Food Safety And Nutrition

Which of these foods is the richest source of vitamin C?

- A. Orange ✓ **Predicted answer**
- B. Banana
- C. Potato
- D. Rice

Why this answer? Citrus fruits such as oranges are rich in vitamin C.

Why predicted [C] — Syllabus anchor: syllabus anchor — sources of vitamins in food recurs in every Food Inspector sitting.

Question 8 Food Safety And Nutrition

At what temperature does pure water freeze at sea level?

- A. 10°C
- B. 5°C
- C. -10°C
- D. 0°C ✓ **Predicted answer**

Why this answer? Pure water freezes at 0°C at sea level.

Why predicted [C] — Syllabus anchor: syllabus anchor — food temperatures and preservation recurs in every Food Inspector sitting.

Question 9 Food Safety And Nutrition

Bacteria multiply fastest in food kept between which temperatures?

to 5°C

- B. 60°C to 80°C
- C. 80°C to 100°C
- D. 5°C to 60°C ✓ **Predicted answer**

Why this answer? The danger zone for bacterial growth in food is about 5°C to 60°C.

Why predicted [C] — Syllabus anchor: syllabus anchor — safe food storage temperatures recurs in every Food Inspector sitting.

Question 10 Food Safety And Nutrition

Which method preserves food by removing its water?

- A. Freezing
- B. Drying ✓ **Predicted answer**
- C. Canning
- D. Pickling

Why this answer? Drying preserves food by removing water, which bacteria need to grow.

Why predicted [C] — Syllabus anchor: syllabus anchor — food preservation methods recurs in every Food Inspector sitting.

Question 11 Food Safety And Nutrition

A domestic refrigerator should keep food below which temperature?

- A. 10°C
- B. 15°C
- C. 20°C
- D. 5°C ✓ **Predicted answer**

Why this answer? A fridge should keep food between 0°C and 5°C to slow bacterial

Why predicted [C] — Syllabus anchor: syllabus anchor — safe food storage temperatures recurs in every Food Inspector sitting.

Question 12 Food Safety And Nutrition

Salmonella food poisoning is most often linked with which food?

- A. Bread
- B. Raw eggs ✓ **Predicted answer**
- C. Fresh fruit
- D. Boiled rice

Why this answer? Salmonella is most often linked with raw or undercooked eggs and poultry.

Why predicted [C] — Syllabus anchor: syllabus anchor — food poisoning bacteria recurs in every Food Inspector sitting.

Question 13 Food Safety And Nutrition

E. coli food poisoning is most often linked with undercooked what?

- A. Fish
- B. Milk
- C. Vegetables
- D. Beef ✓ **Predicted answer**

Why this answer? E. coli food poisoning is most often linked with undercooked beef.

Why predicted [C] — Syllabus anchor: syllabus anchor — food poisoning bacteria recurs in every Food Inspector sitting.

14 Food Safety And Nutrition

Staphylococcus aureus food poisoning is commonly linked with which food?

- A. Fresh apples
- B. Cream cakes ✓ **Predicted answer**
- C. Boiled potatoes
- D. Raw carrots

Why this answer? Staphylococcus aureus grows in cream-filled foods left at room temperature.

Why predicted [C] — Syllabus anchor: syllabus anchor — food poisoning bacteria recurs in every Food Inspector sitting.

Question 15 Food Safety And Nutrition

Which vitamin is made in the skin by sunlight?

- A. Vitamin C
- B. Vitamin B12
- C. Vitamin D ✓ **Predicted answer**
- D. Vitamin A

Why this answer? Sunlight on the skin helps the body make vitamin D.

Why predicted [C] — Syllabus anchor: syllabus anchor — sources of vitamins in food recurs in every Food Inspector sitting.

Question 16 Food Safety And Nutrition

Milk is a good source of which mineral?

- A. Iron
- B. Iodine
- C. Zinc

cium ✓ **Predicted answer**

Why this answer? Milk is a rich source of calcium, which builds strong bones and teeth.

Why predicted [C] — Syllabus anchor: syllabus anchor — nutrients in milk recurs in every Food Inspector sitting.

Question 17 Food Safety And Nutrition

Which nutrient builds and repairs the tissues of the body?

- A. Fat
- B. Carbohydrate
- C. Protein ✓ **Predicted answer**
- D. Vitamin C

Why this answer? Protein builds and repairs body tissues.

Why predicted [C] — Syllabus anchor: syllabus anchor — nutrients and the balanced diet recurs in every Food Inspector sitting.

Question 18 Food Safety And Nutrition

Which nutrient is the body's main source of energy?

- A. Carbohydrate ✓ **Predicted answer**
- B. Protein
- C. Vitamin D
- D. Calcium

Why this answer? Carbohydrates are the body's main source of energy.

Why predicted [C] — Syllabus anchor: syllabus anchor — nutrients and the balanced diet recurs in every Food Inspector sitting.

19 Food Safety And Nutrition

Which gas is commonly used to pack potato crisps so they stay fresh?

- A. Oxygen
- B. Hydrogen
- C. Nitrogen ✓ **Predicted answer**
- D. Helium

Why this answer? Nitrogen is used in crisp packets to keep the crisps fresh and stop them crushing.

Why predicted [C] — Syllabus anchor: syllabus anchor — food packaging recurs in every Food Inspector sitting.

Question 20 Food Safety And Nutrition

Which substance is most commonly used to adulterate milk?

- A. Water ✓ **Predicted answer**
- B. Sand
- C. Chalk
- D. Salt

Why this answer? Water is the most common adulterant added to milk to increase its volume.

Why predicted [C] — Syllabus anchor: syllabus anchor — food adulteration recurs in every Food Inspector sitting.

Question 21 Food Safety And Nutrition

Formalin is sometimes illegally used to preserve which food?

- A. Wheat
- B. Sugar

- D. Fish ✓ **Predicted answer**

Why this answer? Formalin is sometimes illegally used to keep fish looking fresh.

Why predicted [C] — Syllabus anchor: syllabus anchor — food adulteration recurs in every Food Inspector sitting.

Question 22 Food Safety And Nutrition

The melamine adulteration scandal involved which food?

- A. Cooking oil
- B. Tea
- C. Infant milk powder ✓ **Predicted answer**
- D. Rice

Why this answer? Melamine was illegally added to infant milk powder to fake a higher protein content.

Why predicted [C] — Syllabus anchor: syllabus anchor — food adulteration recurs in every Food Inspector sitting.

Question 23 Food Safety And Nutrition

Which authority regulates food safety in Punjab?

- A. Punjab Food Authority ✓ **Predicted answer**
- B. Pakistan Standards and Quality Control Authority
- C. Drug Regulatory Authority
- D. Punjab Healthcare Commission

Why this answer? The Punjab Food Authority regulates food safety in Punjab.

Why predicted [C] — Syllabus anchor: syllabus anchor — food laws and the Punjab Food Authority recurs in every Food Inspector sitting.

24 Food Safety And Nutrition

The Punjab Food Authority was set up under an Act of which year?

- A. 2009
- B. 2011 ✓ **Predicted answer**
- C. 2015
- D. 2018

Why this answer? The Punjab Food Authority was established under the Punjab Food Authority Act 2011.

Why predicted [C] — Syllabus anchor: syllabus anchor — food laws and the Punjab Food Authority recurs in every Food Inspector sitting.

Question 25 Food Safety And Nutrition

Which of these is the most reliable way to make drinking water safe?

- A. Freezing it
- B. Adding salt
- C. Adding sugar
- D. Boiling it ✓ **Predicted answer**

Why this answer? Boiling kills most germs in drinking water.

Why predicted [C] — Syllabus anchor: syllabus anchor — food hygiene recurs in every Food Inspector sitting.

Question 26 Food Safety And Nutrition

What does cross-contamination in a kitchen mean?

- A. Germs passing from raw food to cooked food ✓ **Predicted answer**
- B. Mixing two spices
- C. Cooking two dishes together

Why this answer? Cross-contamination is the transfer of germs from raw food to ready-to-eat food.

Why predicted [C] — Syllabus anchor: syllabus anchor — food hygiene recurs in every Food Inspector sitting.

Question 27 Food Safety And Nutrition

Why must food handlers wash their hands before handling food?

- A. To soften their skin
- B. To cool their hands
- C. To remove smell
- D. To remove germs from their hands ✓ **Predicted answer**

Why this answer? Hand washing removes germs that could contaminate food.

Why predicted [C] — Syllabus anchor: syllabus anchor — food hygiene recurs in every Food Inspector sitting.

Question 28 Food Safety And Nutrition

Which method of preservation uses vinegar?

- A. Freezing
- B. Pickling ✓ **Predicted answer**
- C. Canning
- D. Drying

Why this answer? Pickling preserves food in vinegar, whose acid stops bacteria growing.

Why predicted [C] — Syllabus anchor: syllabus anchor — food preservation methods recurs in every Food Inspector sitting.

29 Food Safety And Nutrition

Canning preserves food mainly by what?

- A. Adding sugar to food
- B. Freezing food solid
- C. Drying food in the sun
- D. Heating sealed food to kill microbes ✓ **Predicted answer**

Why this answer? Canning heats sealed food to kill microbes and seals it against new ones.

Why predicted [C] — Syllabus anchor: syllabus anchor — food preservation methods recurs in every Food Inspector sitting.

Question 30 Food Safety And Nutrition

Which fruit is richest in potassium?

- A. Banana ✓ **Predicted answer**
- B. Apple
- C. Grapes
- D. Orange

Why this answer? Bananas are rich in potassium.

Why predicted [C] — Syllabus anchor: syllabus anchor — nutrients in fruit recurs in every Food Inspector sitting.

Question 31 General Knowledge

Which is the second-largest country in the world by area?

- A. China
- B. USA
- C. Brazil

ada ✓ **Predicted answer**

Why this answer? Canada is the second-largest country by area, after Russia.

Why predicted [C] — Syllabus anchor: syllabus anchor — world geography recurs in every Food Inspector sitting.

Question 32 General Knowledge

Which is the largest continent in the world by area?

- A. Asia ✓ **Predicted answer**
- B. Africa
- C. Europe
- D. North America

Why this answer? Asia is the largest continent by area.

Why predicted [C] — Syllabus anchor: syllabus anchor — world geography recurs in every Food Inspector sitting.

Question 33 General Knowledge

What is the capital of Australia?

- A. Sydney
- B. Melbourne
- C. Perth
- D. Canberra ✓ **Predicted answer**

Why this answer? Canberra is the capital of Australia.

Why predicted [C] — Syllabus anchor: syllabus anchor — world capitals recurs in every Food Inspector sitting.

34 General Knowledge

What is the capital of Canada?

- A. Ottawa ✓ **Predicted answer**
- B. Toronto
- C. Vancouver
- D. Montreal

Why this answer? Ottawa is the capital of Canada.

Why predicted [C] — Syllabus anchor: syllabus anchor — world capitals recurs in every Food Inspector sitting.

Question 35 General Knowledge

Which is the longest river in the world?

- A. Amazon
- B. Nile ✓ **Predicted answer**
- C. Yangtze
- D. Mississippi

Why this answer? The Nile is generally taken as the longest river in the world.

Why predicted [C] — Syllabus anchor: syllabus anchor — world geography recurs in every Food Inspector sitting.

Question 36 General Knowledge

Which is the largest hot desert in the world?

- A. Sahara ✓ **Predicted answer**
- B. Gobi
- C. Kalahari
- D. Arabian

swer: The Sahara is the largest hot desert in the world.

Why predicted [C] — Syllabus anchor: syllabus anchor — world geography recurs in every Food Inspector sitting.

Question 37 General Knowledge

Which planet is known as the Red Planet?

- A. Venus
- B. Jupiter
- C. Mars ✓ **Predicted answer**
- D. Mercury

Why this answer? Mars is known as the Red Planet.

Why predicted [C] — Syllabus anchor: syllabus anchor — the solar system recurs in every Food Inspector sitting.

Question 38 General Knowledge

Which is the largest planet in the solar system?

- A. Saturn
- B. Neptune
- C. Earth
- D. Jupiter ✓ **Predicted answer**

Why this answer? Jupiter is the largest planet in the solar system.

Why predicted [C] — Syllabus anchor: syllabus anchor — the solar system recurs in every Food Inspector sitting.

Question 39 General Knowledge

What is the chemical symbol of gold?

- B. Gd
- C. Go
- D. Au ✓ **Predicted answer**

Why this answer? Au is the chemical symbol of gold, from the Latin aurum.

Why predicted [C] — Syllabus anchor: syllabus anchor — general science recurs in every Food Inspector sitting.

Question 40 General Knowledge

What is the chemical formula of water?

- A. H2O ✓ **Predicted answer**
- B. CO2
- C. O2
- D. NaCl

Why this answer? H2O is the chemical formula of water.

Why predicted [C] — Syllabus anchor: syllabus anchor — general science recurs in every Food Inspector sitting.

Question 41 General Knowledge

Who wrote Romeo and Juliet?

- A. Charles Dickens
- B. John Milton
- C. William Shakespeare ✓ **Predicted answer**
- D. Jane Austen

Why this answer? William Shakespeare wrote Romeo and Juliet.

Why predicted [C] — Syllabus anchor: syllabus anchor — famous authors recurs in every

tor sitting.

Question 42 General Knowledge

Which instrument is used to measure temperature?

- A. Barometer
- B. Speedometer
- C. Thermometer ✓ **Predicted answer**
- D. Altimeter

Why this answer? A thermometer measures temperature.

Why predicted [C] — Syllabus anchor: syllabus anchor — general science recurs in every Food Inspector sitting.

Question 43 General Knowledge

Which gas do plants absorb from the air for photosynthesis?

- A. Oxygen
- B. Nitrogen
- C. Carbon dioxide ✓ **Predicted answer**
- D. Hydrogen

Why this answer? Plants absorb carbon dioxide for photosynthesis.

Why predicted [C] — Syllabus anchor: syllabus anchor — general science recurs in every Food Inspector sitting.

Question 44 General Knowledge

Which gas do humans need to breathe to live?

- A. Oxygen ✓ **Predicted answer**
- B. Nitrogen

- D. Helium

Why this answer? Humans need oxygen to breathe.

Why predicted [C] — Syllabus anchor: syllabus anchor — general science recurs in every Food Inspector sitting.

Question 45 General Knowledge

How many days are there in a leap year?

- A. 365
- B. 366 ✓ **Predicted answer**
- C. 364
- D. 367

Why this answer? A leap year has 366 days.

Why predicted [C] — Syllabus anchor: syllabus anchor — general knowledge recurs in every Food Inspector sitting.

Question 46 General Knowledge

How many sides does a hexagon have?

- A. Five
- B. Seven
- C. Six ✓ **Predicted answer**
- D. Eight

Why this answer? A hexagon has six sides.

Why predicted [C] — Syllabus anchor: syllabus anchor — general knowledge recurs in every Food Inspector sitting.

47 General Knowledge

Which is the smallest ocean in the world?

- A. Arctic Ocean ✓ **Predicted answer**
- B. Indian Ocean
- C. Atlantic Ocean
- D. Southern Ocean

Why this answer? The Arctic Ocean is the smallest ocean in the world.

Why predicted [C] — Syllabus anchor: syllabus anchor — world geography recurs in every Food Inspector sitting.

Question 48 General Knowledge

Which is the longest wall in the world?

- A. Berlin Wall
- B. Hadrian's Wall
- C. Great Wall of India
- D. Great Wall of China ✓ **Predicted answer**

Why this answer? The Great Wall of China is the longest wall in the world.

Why predicted [C] — Syllabus anchor: syllabus anchor — world landmarks recurs in every Food Inspector sitting.

Question 49 General Knowledge

Which country is the kangaroo native to?

- A. New Zealand
- B. Australia ✓ **Predicted answer**
- C. South Africa
- D. Brazil

swer? The kangaroo is native to Australia.

Why predicted [C] — Syllabus anchor: syllabus anchor — world geography recurs in every Food Inspector sitting.

Question 50 General Knowledge

Which metal is liquid at room temperature?

- A. Iron
- B. Copper
- C. Aluminium
- D. Mercury ✓ **Predicted answer**

Why this answer? Mercury is the only metal that is liquid at room temperature.

Why predicted [C] — Syllabus anchor: syllabus anchor — general science recurs in every Food Inspector sitting.

Question 51 General Knowledge

What is the currency of Japan?

- A. Won
- B. Yuan
- C. Ringgit
- D. Yen ✓ **Predicted answer**

Why this answer? The yen is the currency of Japan.

Why predicted [C] — Syllabus anchor: syllabus anchor — world currencies recurs in every Food Inspector sitting.

Question 52 General Knowledge

What is the currency of the United Kingdom?

- B. Pound sterling ✓ **Predicted answer**
- C. Dollar
- D. Franc

Why this answer? The pound sterling is the currency of the United Kingdom.

Why predicted [C] — Syllabus anchor: syllabus anchor — world currencies recurs in every Food Inspector sitting.

Question 53 General Knowledge

Which language has the most native speakers in the world?

- A. English
- B. Mandarin Chinese ✓ **Predicted answer**
- C. Hindi
- D. Spanish

Why this answer? Mandarin Chinese has the most native speakers in the world.

Why predicted [C] — Syllabus anchor: syllabus anchor — world languages recurs in every Food Inspector sitting.

Question 54 General Knowledge

Which is the smallest planet in the solar system?

- A. Mars
- B. Venus
- C. Pluto
- D. Mercury ✓ **Predicted answer**

Why this answer? Mercury is the smallest planet in the solar system.

Why predicted [C] — Syllabus anchor: syllabus anchor — the solar system recurs in every

:or sitting.

Question 55 General Knowledge

Which organ pumps blood around the human body?

- A. Liver
- B. Lung
- C. Heart ✓ **Predicted answer**
- D. Kidney

Why this answer? The heart pumps blood around the body.

Why predicted [C] — Syllabus anchor: syllabus anchor — the human body recurs in every Food Inspector sitting.

Question 56 Pakistan Affairs

What is the capital of Pakistan?

- A. Lahore
- B. Karachi
- C. Rawalpindi
- D. Islamabad ✓ **Predicted answer**

Why this answer? Islamabad is the capital of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — national symbols and capitals recurs in every Food Inspector sitting.

Question 57 Pakistan Affairs

What is the national language of Pakistan?

- A. Punjabi
- B. Sindhi

u ✓ Predicted answer
- D. Pashto

Why this answer? Urdu is the national language of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — national symbols and capitals recurs in every Food Inspector sitting.

Question 58 Pakistan Affairs

What is the national animal of Pakistan?

- A. Lion
- B. Tiger
- C. Markhor ✓ **Predicted answer**
- D. Snow leopard

Why this answer? The markhor is the national animal of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — national symbols and capitals recurs in every Food Inspector sitting.

Question 59 Pakistan Affairs

What is the national bird of Pakistan?

- A. Chukar partridge ✓ **Predicted answer**
- B. Peacock
- C. Houbara bustard
- D. Eagle

Why this answer? The chukar partridge is the national bird of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — national symbols and capitals recurs in every Food Inspector sitting.

60 Pakistan Affairs

What is the national flower of Pakistan?

- A. Rose
- B. Jasmine ✓ **Predicted answer**
- C. Tulip
- D. Sunflower

Why this answer? Jasmine is the national flower of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — national symbols and capitals recurs in every Food Inspector sitting.

Question 61 Pakistan Affairs

What is the national tree of Pakistan?

- A. Mango
- B. Neem
- C. Deodar ✓ **Predicted answer**
- D. Banyan

Why this answer? The deodar is the national tree of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — national symbols and capitals recurs in every Food Inspector sitting.

Question 62 Pakistan Affairs

What is the national sport of Pakistan?

- A. Field hockey ✓ **Predicted answer**
- B. Cricket
- C. Squash
- D. Football

swer? Field hockey is the national sport of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — national symbols and capitals recurs in every Food Inspector sitting.

Question 63 Pakistan Affairs

Who is the national poet of Pakistan?

- A. Faiz Ahmed Faiz
- B. Mir Taqi Mir
- C. Allama Iqbal ✓ **Predicted answer**
- D. Ahmed Faraz

Why this answer? Allama Iqbal is the national poet of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — national heroes recurs in every Food Inspector sitting.

Question 64 Pakistan Affairs

Who is the founder of Pakistan?

- A. Liaquat Ali Khan
- B. Quaid-e-Azam Muhammad Ali Jinnah ✓ **Predicted answer**
- C. Allama Iqbal
- D. Sir Syed Ahmed Khan

Why this answer? Quaid-e-Azam Muhammad Ali Jinnah founded Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — national heroes recurs in every Food Inspector sitting.

Question 65 Pakistan Affairs

Pakistan came into being on which date?

August 1947

- B. 14 August 1947 ✓ **Predicted answer**
- C. 23 March 1940
- D. 14 August 1948

Why this answer? Pakistan came into being on 14 August 1947.

Why predicted [C] — Syllabus anchor: syllabus anchor — the Pakistan movement recurs in every Food Inspector sitting.

Question 66 Pakistan Affairs

Which is the largest province of Pakistan by area?

- A. Punjab
- B. Sindh
- C. Balochistan ✓ **Predicted answer**
- D. Khyber Pakhtunkhwa

Why this answer? Balochistan is the largest province of Pakistan by area.

Why predicted [C] — Syllabus anchor: syllabus anchor — provinces of Pakistan recurs in every Food Inspector sitting.

Question 67 Pakistan Affairs

Which is the largest province of Pakistan by population?

- A. Sindh
- B. Punjab ✓ **Predicted answer**
- C. Balochistan
- D. Khyber Pakhtunkhwa

Why this answer? Punjab is the largest province of Pakistan by population.

Why predicted [C] — Syllabus anchor: syllabus anchor — provinces of Pakistan recurs in

nspector sitting.

Question 68 Pakistan Affairs

What is the capital of Punjab?

- A. Rawalpindi
- B. Lahore ✓ **Predicted answer**
- C. Multan
- D. Faisalabad

Why this answer? Lahore is the capital of Punjab.

Why predicted [C] — Syllabus anchor: syllabus anchor — provinces of Pakistan recurs in every Food Inspector sitting.

Question 69 Pakistan Affairs

What is the capital of Sindh?

- A. Karachi ✓ **Predicted answer**
- B. Hyderabad
- C. Sukkur
- D. Larkana

Why this answer? Karachi is the capital of Sindh.

Why predicted [C] — Syllabus anchor: syllabus anchor — provinces of Pakistan recurs in every Food Inspector sitting.

Question 70 Pakistan Affairs

What is the capital of Khyber Pakhtunkhwa?

- A. Mardan
- B. Peshawar ✓ **Predicted answer**

ottabad

- D. Swat

Why this answer? Peshawar is the capital of Khyber Pakhtunkhwa.

Why predicted [C] — Syllabus anchor: syllabus anchor — provinces of Pakistan recurs in every Food Inspector sitting.

Question 71 Pakistan Affairs

What is the capital of Balochistan?

- A. Quetta ✓ **Predicted answer**
- B. Gwadar
- C. Turbat
- D. Khuzdar

Why this answer? Quetta is the capital of Balochistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — provinces of Pakistan recurs in every Food Inspector sitting.

Question 72 Pakistan Affairs

What is the currency of Pakistan?

- A. Taka
- B. Rupee ✓ **Predicted answer**
- C. Dinar
- D. Riyal

Why this answer? The rupee is the currency of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — national symbols and capitals recurs in every Food Inspector sitting.

73 Pakistan Affairs

Which sea lies to the south of Pakistan?

- A. Arabian Sea ✓ **Predicted answer**
- B. Red Sea
- C. Caspian Sea
- D. Mediterranean Sea

Why this answer? The Arabian Sea lies to the south of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — geography of Pakistan recurs in every Food Inspector sitting.

Question 74 Pakistan Affairs

How many provinces does Pakistan have?

- A. Three
- B. Five
- C. Six
- D. Four ✓ **Predicted answer**

Why this answer? Pakistan has four provinces: Punjab, Sindh, Khyber Pakhtunkhwa and Balochistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — provinces of Pakistan recurs in every Food Inspector sitting.

Question 75 Pakistan Affairs

What is Pakistan's national motto?

- A. Peace, Progress, Prosperity
- B. Justice, Freedom, Equality
- C. Faith, Unity, Discipline ✓ **Predicted answer**

ength, Honour, Courage

Why this answer? Pakistan's national motto is Faith, Unity, Discipline.

Why predicted [C] — Syllabus anchor: syllabus anchor — national symbols and capitals recurs in every Food Inspector sitting.

Question 76 Geography

Which is the longest river of Pakistan?

- A. Jhelum River
- B. Chenab River
- C. Indus River ✓ **Predicted answer**
- D. Ravi River

Why this answer? The Indus is the longest river of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — rivers of Pakistan recurs in every Food Inspector sitting.

Question 77 Geography

Which is the highest mountain in Pakistan?

- A. Nanga Parbat
- B. Rakaposhi
- C. Broad Peak
- D. K2 ✓ **Predicted answer**

Why this answer? K2 is the highest mountain in Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — mountains of Pakistan recurs in every Food Inspector sitting.

78 Geography

Which is the second-highest mountain in the world?

- A. Kangchenjunga
- B. Lhotse
- C. K2 ✓ **Predicted answer**
- D. Makalu

Why this answer? K2 is the second-highest mountain in the world, after Everest.

Why predicted [C] — Syllabus anchor: syllabus anchor — mountains of Pakistan recurs in every Food Inspector sitting.

Question 79 Geography

Which is the largest city of Pakistan?

- A. Lahore
- B. Islamabad
- C. Karachi ✓ **Predicted answer**
- D. Rawalpindi

Why this answer? Karachi is the largest city of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — geography of Pakistan recurs in every Food Inspector sitting.

Question 80 Geography

Which desert lies in southern Punjab?

- A. Thar Desert
- B. Kharan Desert
- C. Dasht Desert
- D. Cholistan Desert ✓ **Predicted answer**

swer? The Cholistan Desert lies in southern Punjab.

Why predicted [C] — Syllabus anchor: syllabus anchor — deserts of Pakistan recurs in every Food Inspector sitting.

Question 81 Geography

Which pass connects Pakistan with China?

- A. Khunjerab Pass ✓ **Predicted answer**
- B. Khyber Pass
- C. Bolan Pass
- D. Lowari Pass

Why this answer? The Khunjerab Pass connects Pakistan with China.

Why predicted [C] — Syllabus anchor: syllabus anchor — passes of Pakistan recurs in every Food Inspector sitting.

Question 82 Geography

Which is the largest lake of Pakistan?

- A. Manchar Lake ✓ **Predicted answer**
- B. Keenjhar Lake
- C. Saiful Muluk Lake
- D. Hanna Lake

Why this answer? Manchar Lake is the largest lake of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — lakes of Pakistan recurs in every Food Inspector sitting.

Question 83 Geography

The River Ravi flows past which city?

- B. Peshawar
- C. Lahore ✓ **Predicted answer**
- D. Quetta

Why this answer? The River Ravi flows past Lahore.

Why predicted [C] — Syllabus anchor: syllabus anchor — rivers of Pakistan recurs in every Food Inspector sitting.

Question 84 Geography

Which mountain range lies in the far north of Pakistan?

- A. Kirthar
- B. Sulaiman
- C. Salt Range
- D. Karakoram ✓ **Predicted answer**

Why this answer? The Karakoram range lies in the far north of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — mountains of Pakistan recurs in every Food Inspector sitting.

Question 85 Geography

The Tarbela Dam is built on which river?

- A. Jhelum River
- B. Indus River ✓ **Predicted answer**
- C. Chenab River
- D. Ravi River

Why this answer? The Tarbela Dam is built on the Indus River.

Why predicted [C] — Syllabus anchor: syllabus anchor — dams of Pakistan recurs in

nspector sitting.

Question 86 History

Who was the first Mughal emperor of India?

- A. Babur ✓ **Predicted answer**
- B. Akbar
- C. Humayun
- D. Jahangir

Why this answer? Babur was the first Mughal emperor of India.

Why predicted [C] — Syllabus anchor: syllabus anchor — Mughal history recurs in every Food Inspector sitting.

Question 87 History

Who built the Taj Mahal?

- A. Akbar
- B. Babur
- C. Shah Jahan ✓ **Predicted answer**
- D. Aurangzeb

Why this answer? Shah Jahan built the Taj Mahal in memory of Mumtaz Mahal.

Why predicted [C] — Syllabus anchor: syllabus anchor — Mughal history recurs in every Food Inspector sitting.

Question 88 History

Who was the first President of Pakistan?

- A. Ayub Khan
- B. Iskander Mirza ✓ **Predicted answer**

- D. Quaid-e-Azam

Why this answer? Iskander Mirza was the first President of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — the early years of Pakistan recurs in every Food Inspector sitting.

Question 89 History

Who was the first Prime Minister of Pakistan?

- A. Liaquat Ali Khan ✓ **Predicted answer**
- B. Khwaja Nazimuddin
- C. Muhammad Ali Bogra
- D. Chaudhry Muhammad Ali

Why this answer? Liaquat Ali Khan was the first Prime Minister of Pakistan.

Why predicted [C] — Syllabus anchor: syllabus anchor — the early years of Pakistan recurs in every Food Inspector sitting.

Question 90 History

In which year did the Second World War end?

- A. 1945 ✓ **Predicted answer**
- B. 1943
- C. 1944
- D. 1946

Why this answer? The Second World War ended in 1945.

Why predicted [C] — Syllabus anchor: syllabus anchor — world history recurs in every Food Inspector sitting.

91 Everyday Science

What is the chemical formula of common salt?

- A. KCl
- B. NaCl ✓ **Predicted answer**
- C. NaOH
- D. HCl

Why this answer? NaCl is the chemical formula of common salt.

Why predicted [C] — Syllabus anchor: syllabus anchor — basic chemistry recurs in every Food Inspector sitting.

Question 92 Everyday Science

Which organelle is known as the powerhouse of the cell?

- A. Nucleus
- B. Ribosome
- C. Mitochondria ✓ **Predicted answer**
- D. Golgi body

Why this answer? The mitochondria are known as the powerhouse of the cell.

Why predicted [C] — Syllabus anchor: syllabus anchor — basic biology recurs in every Food Inspector sitting.

Question 93 Everyday Science

What is the boiling point of water at sea level?

- A. 90°C
- B. 100°C ✓ **Predicted answer**
- C. 80°C
- D. 110°C

swer? Water boils at 100°C at sea level.

Why predicted [C] — Syllabus anchor: syllabus anchor — basic physics recurs in every Food Inspector sitting.

Question 94 Everyday Science

Which blood cells carry oxygen around the body?

- A. White blood cells
- B. Platelets
- C. Red blood cells ✓ **Predicted answer**
- D. Plasma cells

Why this answer? Red blood cells carry oxygen around the body.

Why predicted [C] — Syllabus anchor: syllabus anchor — basic biology recurs in every Food Inspector sitting.

Question 95 Everyday Science

How many legs does a spider have?

- A. Six
- B. Eight ✓ **Predicted answer**
- C. Ten
- D. Four

Why this answer? A spider has eight legs.

Why predicted [C] — Syllabus anchor: syllabus anchor — basic biology recurs in every Food Inspector sitting.

Question 96 English

Which word is a synonym of 'happy'?

- B. Angry
- C. Tired
- D. Joyful ✓ **Predicted answer**

Why this answer? Joyful is a synonym of happy.

Why predicted [C] — Syllabus anchor: syllabus anchor — English vocabulary recurs in every Food Inspector sitting.

Question 97 English

Which word is the antonym of 'hot'?

- A. Cold ✓ **Predicted answer**
- B. Warm
- C. Boiling
- D. Spicy

Why this answer? Cold is the antonym of hot.

Why predicted [C] — Syllabus anchor: syllabus anchor — English vocabulary recurs in every Food Inspector sitting.

Question 98 English

What is the correct plural of 'child'?

- A. Children ✓ **Predicted answer**
- B. Childs
- C. Childes
- D. Childrens

Why this answer? The plural of child is children.

Why predicted [C] — Syllabus anchor: syllabus anchor — English grammar recurs in

nspector sitting.

Question 99 Current Affairs

Which country hosted the 2024 Olympic Games?

- A. Japan
- B. France ✓ **Predicted answer**
- C. Brazil
- D. China

Why this answer? France hosted the 2024 Olympic Games in Paris.

Why predicted [C] — Syllabus anchor: syllabus anchor — major world events recurs in every Food Inspector sitting.

Question 100 Current Affairs

Which countries will host the 2026 FIFA World Cup?

- A. Brazil
- B. Germany
- C. Qatar
- D. USA, Canada and Mexico ✓ **Predicted answer**

Why this answer? The 2026 FIFA World Cup is hosted by the USA, Canada and Mexico.

Why predicted [C] — Syllabus anchor: syllabus anchor — major world events recurs in every Food Inspector sitting.

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